

NAME: Natalie Asayag		ADDRESS: 641 N. 13 th St. Easton, PA 18042	
TELEPHONES: (908) 899-1917			
EMAIL: natalie@renewwellnesspsychotherapy.com		WEBSITE: www.renewwellnesspsychotherapy.com	
DEGREE/LICENSE: LCSW		THERAPY APPROACH/ORIENTATION: Eating disorder specialist	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
X	Eating Disorders		Family Groups (<i>Please list</i>):
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		Employment services, autism services, teen summer experience, thrift store, behavioral supports
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other	Autism, cerebral palsy, down syndrome	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 11
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: BCBS of Massachusetts, Aetna, Cigna, Oscar Health, United Healthcare, Oxford
	Individual Therapy	\$165	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 1/10/24



Northampton Community College

NAME: Elle Schwan Avery		ADDRESS: 7540 Windsor Drive, Suite 106 Allentown, PA 18195	
TELEPHONES: (610) 435-9949			
EMAIL:		WEBSITE:	
DEGREE/LICENSE: M.Ed., LPC		THERAPY APPROACH/ORIENTATION: Eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other Employment services, autism services,
	Sexual Assault/Rape		teen summer experience, thrift store,
	Substance Abuse/Addictions		behavioral supports
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Bipolar disorder	ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Aetna, Amerihealth, Blue Cross/Shield, Capital Blue Cross, Highmark, Horizon Blue Cross/Shield, Integrated Behavioral Health, Multiplan, Spectrum, Valley Preferred
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/2/24

NAME: Ashley Baldwin		ADDRESS: 40 South 4 th Street Emmaus, PA 18049	
TELEPHONES: (610) 762-8690			
EMAIL: shlbldwn@gmail.com		WEBSITE: rootedcounseling.squarespace.com	
DEGREE/LICENSE: MA, LPC, NCC		THERAPY APPROACH/ORIENTATION: Integrative, client-centered	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage Family
	Eating Disorders		Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other Employment services, autism services,
	Sexual Assault/Rape		teen summer experience, thrift store,
	Substance Abuse/Addictions		behavioral supports
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Self-esteem	ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		9+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Aetna, Anthem, Blue Cross/Shield, Capital Blue Cross, Highmark, Independence Blue Cross, Integrated Behavioral Health, Optum, Populytics, Valley Preferred, United Healthcare, private pay
	Individual Therapy	\$80	
	Couples/Family	\$100	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 04/15/24

NAME: Frank Barbehenn, Psy.D		ADDRESS: Psychological Counseling Services 623 W. Union Blvd. Bethlehem, PA 18018	
TELEPHONES: (610) 867-9090		WEBSITE: www.psychologicalcounselingsvcs.com	
EMAIL: info@psychologicalcounselingsvcs.com		DEGREE/LICENSE: MS. Psy.D.	
DEGREE/LICENSE: MS. Psy.D.		THERAPY APPROACH/ORIENTATION: CBT, spiritual	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness	X	Marriage Family X
	Eating Disorders	X	Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other Employment services, autism services,
	Sexual Assault/Rape		teen summer experience, thrift store,
X	Substance Abuse/Addictions		behavioral supports
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	Spiritual, parenting, codependency	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Amerihealth (commercial), Blue Cross/Shield, Capital Blue Cross, Geisinger, Highmark, Highmark Senior Health, Magellan
	Individual Therapy	\$125	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 10/17/22



Northampton Community College

AME: Stephanie Barnett, LPC		ADDRESS: Lehigh Valley Counselors 2045 Westgate Dr., Suite 206 Bethlehem, PA 18017	
TELEPHONES: (610) 596-4222			
EMAIL:		WEBSITE: https://lehighvalleycounselors.com	
DEGREE/LICENSE: M.Div., LPC, CAADC		THERAPY APPROACH/ORIENTATION: Eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
X	Disability/Chronic Illness	X	Marriage
	Eating Disorders	X	Groups <i>(Please list):</i>
X	Grief & Loss		Self-esteem, virtual
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
X	Veterans Issues		
	Women's Issues		
X	Other	First Responders, gambling, life skills	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$200	INSURANCES ACCEPTED: Aetna, Blue Cross/Shield, CIGNA, Geisinger, Highmark, Magellan, Optum, Populytics, TRICARE, Others, No Medicare or Medicaid
	Individual Therapy	\$130	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/2/24			



Northampton Community College

NAME: Rosaan Barker, MSW, MPA			ADDRESS: United Venture Consultants, LLC		
TELEPHONES: (484) 538-0878					
EMAIL: unitedventureconsultants@gmail.com			WEBSITE:		
DEGREE/LICENSE: Social Work/Public Administration			THERAPY APPROACH/ORIENTATION: Career decisions, veterans		
<i>Please check all that apply [X]</i>					
SPECIALIZATIONS:			MODALITIES OFFERED:		
X	Anger & Emotion Regulation			Child/Adolescent	
	Anxiety/Panic			Couples	
X	Career Decisions/Exploration			Crisis Intervention	
	Depression			Education Testing	
	Disability/Chronic Illness			Marriage	Family
	Eating Disorders			Groups <i>(Please list):</i>	
	Grief & Loss		X	Psychological, Safety at Work, Interpersonal Communication, Career Transitions	
	Learning Disabilities				
	LGBTQ Issues				
X	Men's Issues			Individual	
	Obsessive Compulsive Disorder			Neurological/Neuropsychological Assessment	
	Personality Disorders			Pastoral Counseling	
	Relationship Issues/Divorce			Psychological Assessment	
	Self-Injury			Other	
	Sexual Assault/Rape				
	Substance Abuse/Addictions				
	Trauma/PTSD				
	Veterans Issues				
X	Women's Issues				
X	Other	Bullying, mentoring, diversity,	ACCOMMODATIONS FOR DISABLED:		
			# YEARS IN PRACTICE: 30+		
LANGUAGES SPOKEN BESIDES ENGLISH:			EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:		
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: N/A		
	Individual Therapy	\$100.00			
	Couples/Family	\$150.00			
SLIDING SCALE AVAILABLE:					
	Yes	X	No		
				Updated 11/15/23	

NAME: Bethlehem Counseling Associates		ADDRESS: 2005 City Line Road, Suite 300 Bethlehem, PA 18017	
TELEPHONES: 610-865-8177		WEBSITE: Bcamentalhealth.com	
EMAIL: info@bcamentalhealth.com		DEGREE/LICENSE: Psy. D, LPC, MSW, LCSW	
DEGREE/LICENSE: Psy. D, LPC, MSW, LCSW		THERAPY APPROACH/ORIENTATION: CBT, EFT, Trauma Informed, Psychodynamic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness	X	Marriage
			Family X
X	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce	X	Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other		
		ACCOMMODATIONS FOR DISABLED: Yes	
		# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH: N/A		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$185	INSURANCES ACCEPTED: Aetna, Capital Blue Cross, Concern, Highmark Blue Shield, United Medical Resources, Magellan, MHNet, Medicare (Noivtas), Oxford, Personal Choice/IBC, Spectrum, Tricare, United Behavioral Health
	Individual Therapy	\$150	
	Couples/Family	\$N/A	
SLIDING SCALE AVAILABLE:			
	Yes		No X
Updated 1/22/2025			



Northampton Community College

NAME: Kayla Bolza		ADDRESS: 2132 South 12 th Street Suite 402, Allentown, PA, 18103	
TELEPHONES: 267-946-9098		WEBSITE: Hlpsych.com	
EMAIL: kaylabolza@gmail.com		DEGREE/LICENSE: Counseling/LPC	
DEGREE/LICENSE: Counseling/LPC		THERAPY APPROACH/ORIENTATION: Client-centered /cbt	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other		
			ACCOMMODATIONS FOR DISABLED: Yes
			# YEARS IN PRACTICE: 4
LANGUAGES SPOKEN BESIDES ENGLISH: N/A		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$105	INSURANCES ACCEPTED: Capitla Blue Cross, Highmark, Blue Cross Blue Shield, Aetna, Independence, United, Geisinger
	Individual Therapy	\$105	
	Couples/Family	\$N/A	
SLIDING SCALE AVAILABLE:			
	Yes		No X
Updated 10/2/2024			



Northampton Community College

NAME: Ziona Brotleit		ADDRESS: Bethlehem	
TELEPHONES: 610-572-4602			
EMAIL:		WEBSITE: https://www.psychologytoday.com/us/therapists/ziona-brotleit-bethlehem-pa/202160	
DEGREE/LICENSE: Licensed Psychologist, M.A.		THERAPY APPROACH/ORIENTATION: CBT, Somatic, Integrative, Interpersonal, Psychodynamic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage Family
X	Eating Disorders		Groups (<i>Please list</i>):
	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other		
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE: 35	
LANGUAGES SPOKEN BESIDES ENGLISH: Spanish		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Blue Shield, BlueCross and BlueShield, Capital Blue Cross, Highmark, Independence Blue Cross, Magellan, Optum, Out of Network
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 3/8/2024			



Northampton Community College

NAME: Jennifer Bruno, LCSW		ADDRESS: Fruitful Seeds Counseling, LLC 541 East Broad Street Bethlehem, PA 18018	
TELEPHONES: 610-557-3546		WEBSITE:	
EMAIL: fruitfuleedscounseling@gmail.com		DEGREE/LICENSE: Clinical Social Work/Therapist, LCSW	
DEGREE/LICENSE: Clinical Social Work/Therapist, LCSW		THERAPY APPROACH/ORIENTATION:	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Family
X	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other		
			ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 6
LANGUAGES SPOKEN BESIDES ENGLISH: Spanish		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: All Savers, AvMed, Bind, Cigna and Evernorth, EAP: Cigna, EAP:United Health/Optum, Golden Rule, Highmark, Humana, Medicare, Optum, Oscar Health, UMR, UnitedHealthcare UHC UBH
	Individual Therapy	\$ 100	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
Updated 10/17/23			



Northampton Community College

NAME: Patricia Budd, Ph.D.		ADDRESS: 3005 Brodhead Rd., #130 Bethlehem, PA 18020	
TELEPHONES: (610) 868-7727		WEBSITE:	
EMAIL: Pbudd2940@aol.com		DEGREE/LICENSE: LPC, Ph.D.	
DEGREE/LICENSE: LPC, Ph.D.		THERAPY APPROACH/ORIENTATION: Cognitive Therapy	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups (<i>Please list</i>):
X	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other		
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$120	INSURANCES ACCEPTED: Aetna, BC/BS, Blue Card PPO, Capital Blue Cross, Highmark Blue Shield, Magellan, MH Net, United Healthcare, Value Options
	Individual Therapy	\$90	
	Couples/Family	\$90	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
		Updated 10/17/22	

NAME: Jill Buehler-Knerr		ADDRESS: 227 W. Broad St., Ste. 201 Bethlehem, PA 18018	
TELEPHONES: (610) 691-2455			
EMAIL: Jbknerr@rcn.com		WEBSITE: http://www.jillknerrcounseling.com	
DEGREE/LICENSE: LCSW, LMFT		THERAPY APPROACH/ORIENTATION: Eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression		Education Testing
X	Disability/Chronic Illness	X	Marriage Family
	Eating Disorders		Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders	X	Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other Employment services, autism services,
	Sexual Assault/Rape		teen summer experience, thrift store,
X	Substance Abuse/Addictions		behavioral supports
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Life transition challenges, pre-marital	ACCOMMODATIONS FOR DISABLED: No	
		# YEARS IN PRACTICE: 23+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$130	INSURANCES ACCEPTED: Aetna, Capital Blue Cross, Highmark Blue Cross, most BC/BL plans
	Individual Therapy	\$100	
	Couples/Family	\$120	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
Updated 10/17/22			



Northampton Community College

NAME: Center for Integrated Behavioral Health		ADDRESS: 1 E. Broad St., Ste. 510 Bethlehem, PA 18018	
TELEPHONES: (610) 865-4300		WEBSITE: www.centerforibh.com	
EMAIL: info@centerforibh.com		DEGREE/LICENSE: Multiple clinicians – Master’s/Doctoral	
DEGREE/LICENSE: Multiple clinicians – Master’s/Doctoral		THERAPY APPROACH/ORIENTATION: CBT, DBT	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic/Stress		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
			Family
X	Eating Disorders		Groups (Please list):
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men’s Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Psychological Assessment
	Relationship Issues/Divorce		
X	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women’s Issues		
X	Other	Bipolar disorder	ACCOMMODATIONS FOR DISABLED:
		Specific phobias	
		Trichotillomania/skin-picking	# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$185	INSURANCES ACCEPTED: Aetna, Blue Cross/Shield, ChoicePlus, Highmark, Integrated Behavioral Health, Magellan, UnitedHealthCare, Valley Preferred, check for network, reimbursement available
	Individual Therapy	\$150	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			



Northampton Community College

NAME: Fred Chamberlain, LPC		ADDRESS: Inner Resources Counseling, Inc. 807 W. Broad St. Bethlehem, PA 18018	
TELEPHONES: (610) 419-9415		WEBSITE: www.innerresourcescounseling.net	
EMAIL: innerresourcescounseling@gmail.com		THERAPY APPROACH/ORIENTATION: Eclectic	
DEGREE/LICENSE: MA, LPC			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage
	Eating Disorders	X	Family X
X	Grief & Loss		Groups (Please list):
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Assertiveness	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			15+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$140	INSURANCES ACCEPTED: 1199SEIU, Aetna, AmeriHealth, AmeriHealth, PPO, Anthem, Beacon, Blue Care Network, Blue Cross/Shield, Cigna, Coventry, Empire BlueCross/Shield, First Health, Health America, Highmark, others
	Individual Therapy	\$140	
	Couples/Family Group	\$140	
		\$30	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/3/24

NAME: Carol A. Corbett, Ph.D., LPC		ADDRESS: Wings of Change Counseling, LLC 2 N. Main St. Coopersburg, PA 18036	
TELEPHONES: (484) 863-1010		WEBSITE: www.wingsofchangellc.com	
EMAIL: cthomas@wingsofchangellc.com		DEGREE/LICENSE: Ph.D., LPC	
DEGREE/LICENSE: Ph.D., LPC		THERAPY APPROACH/ORIENTATION: Primary CBT	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration	X	Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness	X	Marriage
X	Eating Disorders		Family
X	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
X	Self-Injury	X	Other
X	Sexual Assault/Rape		Eating disorders IOP
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
X	Veterans Issues		
X	Women's Issues		
	Other		
		ACCOMMODATIONS FOR DISABLED:	
		No	
		# YEARS IN PRACTICE:	
		19+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$150	INSURANCES ACCEPTED: Beacon, Capital Blue Cross, CIGNA, Highmark Blue Cross/Blue Shield, IBH, Independence Blue Cross, Magellan (private), Populytics, Tricare, UBH, United, EAPs
	Individual Therapy	\$130	
	Couples/Family	\$150	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 10/17/22

NAME: Anne Crothers		ADDRESS: 28 N 15 th Street Allentown, PA 18102	
TELEPHONES: (610) 432-2168			
EMAIL: Healingworks2@outlook.com		WEBSITE: www.healingworkspa.com	
DEGREE/LICENSE: M.Ed.		THERAPY APPROACH/ORIENTATION: Eclectic, spiritual, expressive	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression		Education Testing
	Disability/Chronic Illness	X	Marriage Family X
	Eating Disorders		Groups (<i>Please list</i>):
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Parental alienation		ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			25+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: None
	Individual Therapy	\$90	
	Couples/Family Groups	\$90	
		\$45	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
Updated 10/3/2024			



Northampton Community College

NAME: Lauren A Daniels		ADDRESS: 1534 West Broad Street Suite 600 Quakertown, PA 18951	
TELEPHONES: (610) 477-0424		WEBSITE: www.laurenadaniels.com	
EMAIL: lauren@laurenadaniels.com		DEGREE/LICENSE: LPC, SEP	
DEGREE/LICENSE: LPC, SEP		THERAPY APPROACH/ORIENTATION: EMDR, brainspotting, somatic experiencing, DBR	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
<input type="checkbox"/>	Anger & Emotion Regulation	X	Child/Adolescent
<input type="checkbox"/>	Anxiety/Panic		Couples
<input type="checkbox"/>	Career Decisions/Exploration		Crisis Intervention
<input type="checkbox"/>	Depression		Education Testing
<input type="checkbox"/>	Disability/Chronic Illness	X	Marriage Family X
<input type="checkbox"/>	Eating Disorders		Groups (<i>Please list</i>):
<input type="checkbox"/>	Grief & Loss		
<input type="checkbox"/>	Learning Disabilities		
<input type="checkbox"/>	LGBTQ Issues		
<input type="checkbox"/>	Men's Issues	X	Individual
<input type="checkbox"/>	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
<input type="checkbox"/>	Personality Disorders		Pastoral Counseling
<input type="checkbox"/>	Relationship Issues/Divorce		Psychological Assessment
<input type="checkbox"/>	Self-Injury		Other
<input type="checkbox"/>	Sexual Assault/Rape		
<input type="checkbox"/>	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
	Other		
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		14	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: None
	Individual Therapy	\$	
	Couples/Family Groups	\$	
		\$	
SLIDING SCALE AVAILABLE:			
	Yes		No
			Updated 9/26/24

NAME: Elizabeth Deboer Kreider, Ph.D.		ADDRESS: 15 E. Walnut St. Nazareth, PA 18064	
TELEPHONES: (610) 365-5042			
EMAIL: info@drlyz.com		WEBSITE: www.drlyz.com	
DEGREE/LICENSE: Ph.D.		THERAPY APPROACH/ORIENTATION: Insight oriented, interpersonal, psychodynamic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration	X	Crisis Intervention
	Depression		Education Testing
	Disability/Chronic Illness	X	Marriage
X	Eating Disorders	X	Family Groups (<i>Please list</i>): Women's Empowerment Therapy Group, Adult
X	Grief & Loss		Interpersonal Process Therapy Group
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	Parenting, Interpersonal	ACCOMMODATIONS FOR DISABLED:
		Relating, mind/body connection	ADA Compliant
			# YEARS IN PRACTICE: 10
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$185	INSURANCES ACCEPTED: Blue Cross/Shield, Capital Blue Cross, Highmark Blue Shield
	Individual Therapy	\$185	
	Couples/Family Groups	\$185	
		\$50	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 11/29/23

NAME: Timothy C. DeMott, MA		ADDRESS: 2806 Hamilton Blvd. Allentown, PA 18104	
TELEPHONES: (610) 841-4966			
EMAIL: tim@timdemott.com		WEBSITE: http://www.timdemott.com	
DEGREE/LICENSE: MA		THERAPY APPROACH/ORIENTATION: Eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage
	Eating Disorders	X	Family X
	Grief & Loss		Groups (<i>Please list</i>):
X	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other
	Sexual Assault/Rape		ADHD evaluation, play therapy, Christian (if desired)
X	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Autism, adoption/foster Care, child abuse, divorce	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Christian	
FEES:	Initial Consultation		INSURANCES ACCEPTED:
	Individual Therapy		Call for rates
	Couples/Family		
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Michael Dolan		ADDRESS: 2341 Walbert Ave. Allentown, PA 18104	
TELEPHONES: (610) 434-2431		WEBSITE: www.communitypsychservices.com	
EMAIL:		DEGREE/LICENSE: Psy.D., CAADC	
		THERAPY APPROACH/ORIENTATION: Addiction specialist	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Family
	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Act 235 - weapons	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$160	INSURANCES ACCEPTED: Call for rates
	Individual Therapy	\$120	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 11/15/23

NAME: Lorraine M. Dorfman, Ph.D.		ADDRESS: Cedar Crest Professional Park 1251 S. Cedar Crest Blvd., Suite 208B Allentown, PA 18103	
TELEPHONES: (610) 740-0755		WEBSITE: www.drlorrainemdorfman.com	
EMAIL:		DEGREE/LICENSE: Ph.D.	
		THERAPY APPROACH/ORIENTATION: CBT	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness	X	Marriage
			Family X
X	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other		
			ACCOMMODATIONS FOR DISABLED: Wheelchair access
			# YEARS IN PRACTICE: 30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$175	INSURANCES ACCEPTED: Capital Blue Cross, Highmark, Anthem, Horizon, Blue Cross
	Individual Therapy	\$155	
	Couples/Family	\$155	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 10/17/22

NAME: Nancy Dutt		ADDRESS: 559 Main St., Suite 242 Bethlehem, PA 18018	
TELEPHONES: (610) 972-0324, (610) 865-2288			
EMAIL: nduttlpc@gmail.com		WEBSITE: Nduttbethlehemcounseling.com	
DEGREE/LICENSE: MA, LPC		THERAPY APPROACH/ORIENTATION: Personalized	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss	X	Family
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Life transitions, codependency	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			20+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Call for rates
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/28/24			



Northampton Community College

NAME: Bonita Fisher, Psy.D.		ADDRESS: 2591 Baglyos Circle, C-44 Bethlehem, PA 18020	
TELEPHONES: (484) 895-4988		WEBSITE: www.bonitafisherpsyd.com	
EMAIL: bonitafisherpsyd@protonmail.com		DEGREE/LICENSE: Psy.D.	
DEGREE/LICENSE: Psy.D.		THERAPY APPROACH/ORIENTATION: Solution oriented CBT, telehealth only	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
X	Disability/Chronic Illness	X	Marriage Family X
X	Eating Disorders		Groups (<i>Please list</i>):
X	Grief & Loss		
X	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues		Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce	X	Psychological Assessment
	Self-Injury		Other TBI/MTBI rehab
	Sexual Assault/Rape		Forensic evaluation Nutritional awareness
	Substance Abuse/Addictions		Gut brain biome biopsychosocial
X	Trauma/PTSD		
X	Veterans Issues		
X	Women's Issues		
X	Other	Sleep hygiene	ACCOMMODATIONS FOR DISABLED:
		Chronic pain	Non-verbal testing
		autism	# YEARS IN PRACTICE:
		parenting	25+
LANGUAGES SPOKEN BESIDES ENGLISH: French		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Islam, international student houseparent,	
FEES:	Initial Consultation	\$187.50 (90)	INSURANCES ACCEPTED: Aetna, Capital Blue Cross, Highmark, Magellan, Medicare, Tricare, no Medicaid, and a few others
	Individual Therapy	\$175.00 (50)	
	Couples/Family	\$125.00	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 10/4/24

NAME:	ADDRESS:
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Northampton Community College

Eliana Fisher, NCC, LMHC, LPC TELEPHONES: (267) 477-3761		Forks Township, Easton, PA 18040 In-person and Virtual	
EMAIL: efisher@carriagelanetherapy.com		WEBSITE: www.carriagelanetherapy.com	
DEGREE/LICENSE: MA, LPC		THERAPY APPROACH/ORIENTATION: Client Centered, Cognitive-Behavioral Therapy, DBT, ACT	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
X	Disability/Chronic Illness		Marriage
	Eating Disorders		Family X
	Grief & Loss		Groups <i>(Please list):</i>
X	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	x	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other		
			ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 9
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
French		Specializing in working with students navigating issues related to race/culture assimilation	
FEES:	Initial Consultation	Free	INSURANCES ACCEPTED: Aetna, Capital Blue, and other BCBS Plans
	Individual Therapy		
	Couples/Family		
SLIDING SCALE AVAILABLE:			
X	Yes	No	
			Updated 8/8/24

NAME: Ann Friedenheim, MS, LPC		ADDRESS: 1320 Hausman Rd., Ste. 202 Allentown, PA 18104	
TELEPHONES: (484) 436-4459			
EMAIL: annfriedenheim@icloud.com		WEBSITE: http://www.annfriedenheim.com	
DEGREE/LICENSE: MS, LPC, CAADC		THERAPY APPROACH/ORIENTATION: Eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
X	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other EMDR, play therapy,
X	Sexual Assault/Rape		Sand play, yoga,
X	Substance Abuse/Addictions		mindfulness
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Sexual abuse, domestic violence		ACCOMMODATIONS FOR DISABLED: yes
			# YEARS IN PRACTICE: 30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Amerihealth, Blue Cross/Shield, Highmark, Integrated Behavioral Healthy, Valley Preferred
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 11/16/22



Northampton Community College

NAME: Beth R. Golden, Ph.D.		ADDRESS: 65 E. Elizabeth Ave., Ste. 412 Bethlehem, PA 18018	
TELEPHONES: (908) 310-4421		WEBSITE: No	
EMAIL: Brg04@embarqmail.com		THERAPY APPROACH/ORIENTATION: Integrative psychodynamic (specialty in college age and young adult clients)	
DEGREE/LICENSE: PA Licensed Psychologist, Ph.D.			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family
X	Eating Disorders	X	Groups (<i>Please list</i>):
X	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other College age young adult	ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		30+	
LANGUAGES SPOKEN BESIDES ENGLISH: Spanish		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$175	INSURANCES ACCEPTED: Highmark Blue Shield, Capital Blue Cross, Medicare
	Individual Therapy	\$150	
	Couples/Family	\$160	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
Updated 11/15/23			



Northampton Community College

NAME: Cheryl Gombocz		ADDRESS: 35 E. Elizabeth Ave., Ste. 213D Bethlehem, PA 18018	
TELEPHONES: (484) 488-7131			
EMAIL: cherylwaitelpc@gmail.com		WEBSITE: www.psychologytoday.com/us/therapists/cheryl-waite-bethlehem-pa/427583	
DEGREE/LICENSE: LPC		THERAPY APPROACH/ORIENTATION: Eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent: 15+
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
x	Other	Self-esteem	ACCOMMODATIONS FOR DISABLED:
		Family/parenting	Wheelchair accessible
			# YEARS IN PRACTICE:
			17
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$OOP 100	INSURANCES ACCEPTED: Aetna, Blue Cross/Shield, Capital, Highmark, Optum/United
	Individual Therapy	\$OOP 100	
	Couples/Family	\$N/A	
SLIDING SCALE AVAILABLE:			
	Yes X	No	
			Updated 10/8/24

NAME: Jackie Gower, LPC		ADDRESS: 1 E. Broad St., Ste. 130-1073 Bethlehem, PA 18018	
TELEPHONES: (610) 866-6855		WEBSITE: http://www.womenssolutions.com	
EMAIL: Wsolv@yahoo.com		DEGREE/LICENSE: LPC	
DEGREE/LICENSE: LPC		THERAPY APPROACH/ORIENTATION: Eclectic, virtual	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups (<i>Please list</i>):
	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Abuse		
			ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 20
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$175	INSURANCES ACCEPTED: Capital Blue Cross, Populytics, Highmark Blue Shield, Independence Blue Cross (IBX), United Behavioral Health. No Medicare or Medicaid
	Individual Therapy	\$150	
	Couples/Family	\$150	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/8/24			



Northampton Community College

NAME: Dana M. Greene, M.Ed.		ADDRESS: 3201 Highfield Dr., Ste. J Bethlehem, PA 18020	
TELEPHONES: (610) 866-7558			
EMAIL: danamgreenepc@aol.com		WEBSITE:	
DEGREE/LICENSE: M.Ed., CAC Diplomate, LPC		THERAPY APPROACH/ORIENTATION: Cognitive behavioral/eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
X	Disability/Chronic Illness		Marriage
	Eating Disorders		Family X
X	Grief & Loss		Groups <i>(Please list):</i>
X	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	ADHD	
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		30+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Aetna, Berkshire, Capital Blue Cross, CIGNA, Highmark Blue Shield, IBH, IBC
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
	Yes		No
		X	
			Updated 10/17/22



Northampton Community College

NAME: Christine Hartigan		ADDRESS: 2132 S. 12 th St., Ste. 402 Allentown, PA 18103	
TELEPHONES: (610) 392-6362			
EMAIL: HLPsych2132@gmail.com		WEBSITE: www.hlpsych.com	
DEGREE/LICENSE: Psy.D., CAADC		THERAPY APPROACH/ORIENTATION: Eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders	X	Groups (<i>Please list</i>): Codependency
X	Grief & Loss		recovery
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other: Gender assessment for surgery
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	Codependency, transgender	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			10+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Transgender Competent Gender assessments for surgery	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Blue Cross/Shield, Capital Blue Cross, Highmark, LVHN/Populytics/Choice Plus, Medicaid
	Individual Therapy	\$200	
	Group	\$ 50	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 11/17/23			



Northampton Community College

NAME: Laurie D. Harford, Psy.D.		ADDRESS: 825 N. Cedar Crest Blvd. Allentown, PA 18104	
TELEPHONES: (610) 820-4006		WEBSITE:	
EMAIL: drharford@enter.net		DEGREE/LICENSE: Psy.D.	
THERAPY APPROACH/ORIENTATION: Transtheoretical			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage
			Family X
X	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
X	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other		
			ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Capital Blue Cross PPO/POS, Highmark Blue Shield, Medicare, no managed care
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
Updated 10/17/22			



Northampton Community College

NAME: William Harker		ADDRESS: 2061 Fairview Ave. Easton, PA 18042	
TELEPHONES: (610) 810-5048		WEBSITE:	
EMAIL: Wjh40@columbia.edu		THERAPY APPROACH/ORIENTATION: Existential, mindfulness-based, cognitive, and emotionally focused	
DEGREE/LICENSE: LGSW			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage
	Eating Disorders		Family X
X	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Marital/pre-marital, spirituality	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			35+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Christian	
FEES:	Initial Consultation	\$0	INSURANCES ACCEPTED: Aetna, Highmark Blue Cross, Medicare
	Individual Therapy	\$60-150	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 11/16/23			

NAME: Maria Heaton, MS		ADDRESS: 3606B Nicholas St. Easton, PA 18045	
TELEPHONES: (610) 882-2212		WEBSITE:	
EMAIL: mheaton@rcn.com		DEGREE/LICENSE: MS	
DEGREE/LICENSE: MS		THERAPY APPROACH/ORIENTATION: Client-centered	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness	X	Marriage Family X
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
X	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Adjustment disorder		ACCOMMODATIONS FOR DISABLED:
			yes
			# YEARS IN PRACTICE:
			10+
LANGUAGES SPOKEN BESIDES ENGLISH: none		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: International students	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Aetna, AmeriHealth, Blue Cross/Shield, Capital Blue Cross, Highmark, Highmark Blue Shield, United Healthcare, out-of-network
	Individual Therapy	\$100	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Thomas C. Helm, LPC		ADDRESS: Valley Counseling Group 65 E. Elizabeth Ave., Ste. 301A Bethlehem, PA 18018	
TELEPHONES: (610) 974-8500		WEBSITE: Detoxrehab.com	
EMAIL: Drtom4@verizon.net		DEGREE/LICENSE: D.Min., LPC	
DEGREE/LICENSE: D.Min., LPC		THERAPY APPROACH/ORIENTATION: SUD specialty	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression		Education Testing
	Disability/Chronic Illness	X	Marriage
X	Eating Disorders	X	Family
	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	x	Other
	Sexual Assault/Rape		Biopsychosocial evaluations, D & A assessments
X	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	DUI	ACCOMMODATIONS FOR DISABLED:
		Domestic Violence	
			# YEARS IN PRACTICE:
			20+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Aetna, Blue Cross/Shield, CIGNA, Highmark, HPO, Populytics (LVHN), United Behavioral Health, Medicaid
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			



Northampton Community College

NAME: Carol Herzon-Loney, M.Ed.		ADDRESS: Penn Counseling 2030 Lehigh St., #107 Easton, PA 18045	
TELEPHONES: (610) 253-3453		WEBSITE:	
EMAIL: Cherzon0314@gmail.com		DEGREE/LICENSE: M.Ed., Certified sexuality counselor	
DEGREE/LICENSE: M.Ed., Certified sexuality counselor		THERAPY APPROACH/ORIENTATION: psychodynamic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
	Depression		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Family X
X	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	AASECT certified sexuality	ACCOMMODATIONS FOR DISABLED:
	Counselor, sexual deviance and dysfunction		# YEARS IN PRACTICE: 30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED:
	Individual Therapy	\$	Call for rates
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			



NAME: Patti Hoyt		ADDRESS: Sexual Addiction Treatment Services 190 Brodhead Rd., Suite 107 Bethlehem, PA 18055	
TELEPHONES: Office: (610) 844-7180 Cell: (610) 509-9409		WEBSITE: https://sexualaddictiontreatmentservices.com	
EMAIL: PattiHoytLPC@gmail.com		DEGREE/LICENSE: MA, LPC, CAADC, CSAT	
		THERAPY APPROACH/ORIENTATION: Solution-focused, motivational interviewing, EFT	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family
X	Eating Disorders/body language	X	Groups (<i>Please list</i>): sexual & pornography addiction
	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
	Other		
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		4+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Christian (M.Div.)	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: None
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
		Updated 10/17/22	



Northampton Community College

NAME: Inner Resources Counseling - Brian Altenbach		ADDRESS: Inner Resources Counseling, Inc. 807 W. Broad St. Bethlehem, PA 18018	
TELEPHONES: (610) 248-7881		WEBSITE: www.innerresourcescounseling.net	
EMAIL: brianaltenbachcounseling@gmail.com		THERAPY APPROACH/ORIENTATION:	
DEGREE/LICENSE: LPC			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration	X	Crisis Intervention
	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage
	Eating Disorders		Family X
X	Grief & Loss		Groups (Please list):
	Learning Disabilities		
	LGBTQ Issues		
X	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
X	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
	Other	Assertiveness	
			ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 15
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$0	INSURANCES ACCEPTED: Aetna, Capital, Cigna, Highmark, Magellan, Optum, United Health Care
	Individual Therapy	\$120	
	Couples/Family Group	\$120	
		\$	
SLIDING SCALE AVAILABLE:			
	Yes: X		No
			Updated 10/15/24



Northampton Community College

NAME: Inner Resources Counseling - Sandy Chisholm		ADDRESS: Inner Resources Counseling, Inc. 807 W. Broad St. Bethlehem, PA 18018	
TELEPHONES: (610) 745-9136		WEBSITE: www.innerresourcescounseling.net	
EMAIL: sandychisholmlcsw@gmail.com		THERAPY APPROACH/ORIENTATION: Psychodynamic	
DEGREE/LICENSE: MSW, LCSW			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other Assertiveness		
			ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$0	INSURANCES ACCEPTED: Aetna, Capital, Cigna, Highmark, Magellan, Optum, United Health Care
	Individual Therapy	\$140	
	Couples/Family Group	\$140	
		\$	
SLIDING SCALE AVAILABLE:			
	Yes: X		No
			Updated 10/15/24



NAME: Inner Resources Counseling - Julie Colter		ADDRESS: Inner Resources Counseling, Inc. 807 W. Broad St. Bethlehem, PA 18018	
TELEPHONES: 484-548-0110		WEBSITE: www.innerresourcescounseling.net	
EMAIL: juliecolterlsw@gmail.com		THERAPY APPROACH/ORIENTATION: Person Centered, CBT, DBT	
DEGREE/LICENSE: MSS/LSW			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other Assertiveness		
			ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 4
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$0	INSURANCES ACCEPTED: Aetna, Capital, Highmark, Optum, United Health Care
	Individual Therapy	\$140	
	Couples/Family Group	\$	
		\$	
SLIDING SCALE AVAILABLE:			
	Yes: X		No
			Updated 10/15/24



Northampton Community College

NAME: Inner Resources Counseling - Mojca Dusold		ADDRESS: Inner Resources Counseling, Inc. 807 W. Broad St. Bethlehem, PA 18018	
TELEPHONES: 570-977-5864		WEBSITE: www.innerresourcescounseling.net	
EMAIL: mojcadusoldlpc@gmail.com		THERAPY APPROACH/ORIENTATION: Eclectic	
DEGREE/LICENSE: MA/LPC			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
X	Disability/Chronic Illness		Marriage
	Eating Disorders		Family
X	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
X	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other	Assertiveness	
			ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 16
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$0	INSURANCES ACCEPTED: Aetna, Capital, Cigna, Highmark, Magellan, Optum, United Health Care
	Individual Therapy	\$140	
	Couples/Family Group	\$	
		\$	
SLIDING SCALE AVAILABLE:			
	Yes: X		No
Updated 10/15/24			

NAME: Inner Resources Counseling - Denise Gooden		ADDRESS: Inner Resources Counseling, Inc. 807 W. Broad St. Bethlehem, PA 18018	
TELEPHONES: 484-379-2423		WEBSITE: www.innerresourcescounseling.net	
EMAIL: denisepgooden@gmail.com		THERAPY APPROACH/ORIENTATION:	
DEGREE/LICENSE: MA/LPC			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration	X	Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage
			Family X
X	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues		Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
X	Self-Injury		Other
X	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other	Assertiveness	
			ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 9
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$0	INSURANCES ACCEPTED: Aetna, Capital, Cigna, Highmark, Magellan, Optum, United Health Care
	Individual Therapy	\$140	
	Couples/Family Group	\$140	
		\$	
SLIDING SCALE AVAILABLE:			
	Yes: X		No
			Updated 10/15/24



Northampton Community College

NAME: Inner Resources Counseling - Paula Graner		ADDRESS: Inner Resources Counseling, Inc. 807 W. Broad St. Bethlehem, PA 18018	
TELEPHONES: 484-820-1839		WEBSITE: www.innerresourcescounseling.net	
EMAIL: paulagranersw@gmail.com		THERAPY APPROACH/ORIENTATION:	
DEGREE/LICENSE: MSW/LSW			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
	Other Assertiveness		
			ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 3
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$0	INSURANCES ACCEPTED: Aetna, Capital, Highmark, Optum, United Health Care
	Individual Therapy	\$140	
	Couples/Family Group	\$	
		\$	
SLIDING SCALE AVAILABLE:			
	Yes: X		No
			Updated 10/15/24



Northampton Community College

NAME: Inner Resources Counseling - Magehn Newell		ADDRESS: Inner Resources Counseling, Inc. 807 W. Broad St. Bethlehem, PA 18018	
TELEPHONES: 570-369-7743		WEBSITE: www.innerresourcescounseling.net	
EMAIL: magehnnewell@gmail.com		THERAPY APPROACH/ORIENTATION: CBT/Behavioral/TF-CBT/Person Centered	
DEGREE/LICENSE: LSW			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders		Groups <i>(Please list)</i> :
X	Grief & Loss		
X	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other Assertiveness		
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$0	INSURANCES ACCEPTED: Aetna, Capital, Highmark, Optum, United Health Care
	Individual Therapy	\$140	
	Couples/Family Group	\$140	
		\$	
SLIDING SCALE AVAILABLE:			
	Yes: X		No
			Updated 10/15/24



Northampton Community College

NAME: Roussel Javier		ADDRESS: 129 Knollwood Drive Easton, PA 18042	
TELEPHONES: Office: (484) 548-0636			
EMAIL: inwardoutwarcounseling@gmail.com		WEBSITE: https://inwardoutwardcounselingservicesllc.clients.ecure.me/	
DEGREE/LICENSE: MA, LPC		THERAPY APPROACH/ORIENTATION: CBT, DBT, EMDR, MBCT, PCIT, ETC.	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
X	Disability/Chronic Illness	X	Marriage
	Eating Disorders/body language		Marriage
X	Grief & Loss		Groups (<i>Please list</i>):
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
X	Self-Injury	X	Other
X	Sexual Assault/Rape		Psychiatric
	Substance Abuse/Addictions		Diagnostic Evaluation for non-modification treatment
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	Attachment Issues	ACCOMMODATIONS FOR DISABLED:
		Any Trauma Issues	
		Cultural Issues	# YEARS IN PRACTICE: 5+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Aetna, Optum, Citna, Humana, Highmark BCBS, Quest
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated: 10/3/2024			

NAME: Aliya Kenyatta		ADDRESS: 1874 Catasauqua Rd. Allentown, PA	
TELEPHONES: Office: (610) 379-3551		WEBSITE: https://www.ivyrootscounseling.com/	
EMAIL: Info@ivyrootscounseling.com		THERAPY APPROACH/ORIENTATION: Relational Cultural	
DEGREE/LICENSE: LCSW			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Anger & Emotion Regulation
	Anxiety/Panic		Anxiety/Panic
X	Career Decisions/Exploration		Career Decisions/Exploration
	Depression/Suicidality		Depression/Suicidality
	Disability/Chronic Illness		Disability/Chronic Illness
	Eating Disorders/body language		Eating Disorders/body language
	Grief & Loss		Grief & Loss
	Learning Disabilities		Learning Disabilities
	LGBTQ Issues		LGBTQ Issues
	Men's Issues		Men's Issues
	Obsessive Compulsive Disorder		Obsessive Compulsive Disorder
	Personality Disorders		Personality Disorders
X	Relationship Issues/Divorce		Relationship Issues/Divorce
	Self-Injury		Self-Injury
	Sexual Assault/Rape		Sexual Assault/Rape
	Substance Abuse/Addictions		Substance Abuse/Addictions
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	Self Esteem	ACCOMMODATIONS FOR DISABLED:
		Burnout	
			# YEARS IN PRACTICE: 5
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Black People/ African Diaspora	
FEES:	Initial Consultation	\$ 0	INSURANCES ACCEPTED: None
	Individual Therapy	\$160	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
	Yes		No: X
			Updated: 10/11/24

NAME: Glenn R. Koch and Associates, LLC		ADDRESS: 961 Marcon Blvd., Suite 312 Allentown, PA 18109	
TELEPHONES: (610) 266-0610		WEBSITE: https://www.glennrkochandassociates.com	
EMAIL:		DEGREE/LICENSE: Masters/Doctorate	
		THERAPY APPROACH/ORIENTATION: Outpatient and IOP mental behavioral health	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
	Depression		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>): Bariatric surgery,
	Grief & Loss		Trauma, substance abuse, eating disorders,
X	Learning Disabilities		aftercare addiction treatment, social skills
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other Addiction IOP, play therapy (kids),
	Sexual Assault/Rape		Critical incident debriefing, bariatric
X	Substance Abuse/Addictions		Surgery evaluations, applied
	Trauma/PTSD		Behavioral analysis
X	Veterans Issues		
	Women's Issues		
X	Other Life skills coaching		ACCOMMODATIONS FOR DISABLED:
	First Responder		
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Call for rates
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
	Yes		No
			Updated 11/15/23

NAME: Paul LaChance		ADDRESS: 133 N. 4 th St. Easton, PA 18042	
TELEPHONES: (908) 235-8489			
EMAIL: pjlachance@outlook.com		WEBSITE: www.pauljlachance.com	
DEGREE/LICENSE: LPC		THERAPY APPROACH/ORIENTATION: Gottman Institute Interventions (couples/relationship issues, focusing-oriented psychotherapy, ACT, Trauma Informed CBT, anger, management classes)	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration	X	Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage
	Eating Disorders		Family
	Grief & Loss		Groups (<i>Please list</i>):
X	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
X	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
X	Veterans Issues		
	Women's Issues		
X	Other		
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		10+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Christianity, eastern religions, Islam	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Fee for service, out-of-network billing, Highmark Blue Shield
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 11/15/23



Northampton Community College

NAME: Carol Lee		ADDRESS: 430 Main St. Hellertown, PA 18036	
TELEPHONES: (610) 217-7776			
EMAIL: Carolalee.lpc@gmail.com		WEBSITE: www.carolaleecounseling.com	
DEGREE/LICENSE: M.Ed., LPC, NCC		THERAPY APPROACH/ORIENTATION: Eclectic/client-centered/solution-focused/humanistic/Jungian	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration	X	Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
X	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
	Other		
		ACCOMMODATIONS FOR DISABLED:	
		No	
		# YEARS IN PRACTICE:	
		20+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: AmeriHealth, Blue Cross/Shield, Highmark, Magellan Behavioral Health (commercial), Populytics, Tricare
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/14/24ma			

NAME: Laurel Leland		ADDRESS: Center for Psychological Development 701 Broad St. Suite 207 Bethlehem, PA 18018	
TELEPHONES: (610) 868-1577		WEBSITE: https://cpd3.com/laurel-a-leland-m-s	
EMAIL: LelandLA@aol.com		DEGREE/LICENSE: MS, LPC	
DEGREE/LICENSE: MS, LPC		THERAPY APPROACH/ORIENTATION: Focus-oriented, EMDR, NLP	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
X	Disability/Chronic Illness		Marriage Family X
	Eating Disorders		Groups (<i>Please list</i>):
X	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders	X	Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other EMDR
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other College student issues	ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$180	INSURANCES ACCEPTED: Most insurances, Medicare
	Individual Therapy	\$150 1 hr. \$125-45 min. \$90-30 min.	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/8/24			

NAME: Edward Lundeen		ADDRESS: 2245 Walbert Ave. Allentown, PA 18104	
TELEPHONES: (610) 820-8499		WEBSITE: www.edlundeenphd.com	
EMAIL:		DEGREE/LICENSE: Ph.D., PC	
		THERAPY APPROACH/ORIENTATION: Holistic, strengths-based	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage
	Eating Disorders		Family X
	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Marital difficulties, Thought disorders	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 25+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED:
	Individual Therapy	\$50	Blue Cross/Shield, Capital Blue Cross, Highmark Blue Shield
	Couples/Family Extended – each add'l 15 min.	\$50 125	
SLIDING SCALE AVAILABLE:			
X	Yes	No	
			Updated 10/17/22

NAME: Kimberly Luybli		ADDRESS: 23 N. 6 th St. Emmaus, PA 18049	
TELEPHONES: (610) 866-2777		WEBSITE: www.kluybli.com	
EMAIL: kluybli@ptd.net		DEGREE/LICENSE: M.Ed., LPC, NCC	
DEGREE/LICENSE: M.Ed., LPC, NCC		THERAPY APPROACH/ORIENTATION: Insight-oriented, strengths-based	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>):
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	Self-esteem/acceptance/trust, life transitions/personal growth, coping skills	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 10+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Capital Blue Cross, Highmark Blue Shield Call for out-of-pocket rates
	Individual Therapy	\$	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/17/22

NAME: Anne Brainerd Marko Director of Allentown Outpatient Services			ADDRESS: Pinebrook Family Answers 402 N. Fulton St. Allentown, PA 18102		
TELEPHONES: (610) 432-3919, x1171			WEBSITE: www.pbfalv.org		
EMAIL: amarko@pbfalv.org			DEGREE/LICENSE: Interns completing Masters in Counseling, Clinicians, LPCs		
DEGREE/LICENSE: Interns completing Masters in Counseling, Clinicians, LPCs			THERAPY APPROACH/ORIENTATION: CBT, psychodynamic, art therapy, play therapy		
<i>Please check all that apply [X]</i>					
SPECIALIZATIONS:			MODALITIES OFFERED:		
X	Anger & Emotion Regulation		X	Child/Adolescent	
X	Anxiety/Panic		X	Couples	
	Career Decisions/Exploration			Crisis Intervention	
X	Depression/Suicidality			Education Testing	
X	Disability/Chronic Illness		X	Marriage	Family X
	Eating Disorders			Groups <i>(Please list):</i>	
X	Grief & Loss				
	Learning Disabilities				
X	LGBTQ Issues				
	Men's Issues		X	Individual	
	Obsessive Compulsive Disorder			Neurological/Neuropsychological Assessment	
	Personality Disorders			Pastoral Counseling	
X	Relationship Issues/Divorce			Psychological Assessment	
X	Self-Injury		X	Other	Psychiatric assessment
	Sexual Assault/Rape				Medications management
	Substance Abuse/Addictions				
X	Trauma/PTSD				
	Veterans Issues				
	Women's Issues				
X	Other	ADHD	ACCOMMODATIONS FOR DISABLED:		
		Bipolar disorder	Accessible ramp, restrooms, offices		
		Psychotic disorders	# YEARS IN PRACTICE:		
LANGUAGES SPOKEN BESIDES ENGLISH:			EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:		
FEES:	Initial Consultation	\$140	INSURANCES ACCEPTED:		
	Individual Therapy	\$85	Aetna, Blue Cross/Shield, Capital Blue Cross, CCBH,		
	Couples/Family	\$100	Highmark Blue Shield, Independence Blue Cross,		
	Psychiatric Evaluation	\$200	Medicaid		
SLIDING SCALE AVAILABLE:					
	Yes	X	No		
				Updated 10/17/22	



NAME: Brian McCue		ADDRESS: 2909 Route-100 Suite #230 Orefield, PA 18069	
TELEPHONES: (484) 632-3209		WEBSITE: www.clearlensescounseling.com	
EMAIL: bmccue@clearlensescounseling.com		THERAPY APPROACH/ORIENTATION:	
DEGREE/LICENSE: MA, LPC, CAADC			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	Marriage	Family
	Eating Disorders	Groups <i>(Please list):</i>	
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues		Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	Other	
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD	ACCOMMODATIONS FOR DISABLED:	
	Veterans Issues		
	Women's Issues		
	Other	Life transitions	# YEARS IN PRACTICE:
		Spiritual/existential concerns	
		Mindfulness/meditation	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Capital Blue/Blue Cross/Shield, Compsych EAP, Optum/UBH, Cigna/Evernorth, Highmark, IBH/Reliant, Magellan Commercial Plan, Aetna, Geisinger
	Individual Therapy	\$	
	Private pay discount	\$	
SLIDING SCALE AVAILABLE:			
	Yes		No
			Updated

NAME: Laurane McGlynn		ADDRESS: Center for Counseling and Wellness 3005 Brodhead Rd., Ste. 286 Bethlehem, PA 18020	
TELEPHONES: (610) 248-6907		WEBSITE: www.drlaurnemcglynn.com	
EMAIL: Drmcglynn6@gmail.com		DEGREE/LICENSE: Psy.D.	
DEGREE/LICENSE: Psy.D.		THERAPY APPROACH/ORIENTATION: Mindfulness-based, somatic, contemplative	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
X	Disability/Chronic Illness		Marriage Family X
X	Eating Disorders	X	Groups (<i>Please list</i>): Interpersonal General
X	Grief & Loss		Therapy process group, mindfulness-based stress reduction
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other Breathwork, bodywork
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Life transitions		ACCOMMODATIONS FOR DISABLED:
	Spiritual/existential concerns		
	Mindfulness/meditation		# YEARS IN PRACTICE:
			15+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$200	INSURANCES ACCEPTED: Blue Cross/Shield, Comcast, Empire Blue Cross/Shield, Exxon, Geisinger, Highmark, Keystone Central HMO, etc.
	Individual Therapy	\$175	
	Private pay discount	\$25	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 10/17/22

NAME: Wester Messina, LPC		ADDRESS: 35 E. Elizabeth Ave., Ste. 29B Bethlehem, PA 18018	
TELEPHONES: (484) 358-1050, (484) 652-8239		WEBSITE:	
EMAIL:		DEGREE/LICENSE: LPC	
		THERAPY APPROACH/ORIENTATION: Mindfulness-based cognitive therapy, ego-state Therapies, emotion-focused therapy	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage Family X
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	parenting	ACCOMMODATIONS FOR DISABLED:
		work-related stress	
		stress management	# YEARS IN PRACTICE:
		gambling	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Aetna, Anthem, Blue Cross/Shield, Capital Blue Cross, Highmark, Independence Blue Cross, Optum, Populytics, etc.
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/17/22



Northampton Community College

NAME: Felicia Moore		ADDRESS: 1733 Washington Blvd., Suite 108 Easton, PA 18042	
TELEPHONES: (610) 601-5950			
EMAIL: felicia@fjmoorecounseling.com		WEBSITE: http://fjmoorecounseling.com	
DEGREE/LICENSE: MA, LPC, NCC		THERAPY APPROACH/ORIENTATION: CBT, solution focused, mindfulness	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage
	Eating Disorders		Family X
	Grief & Loss		Groups (Please list):
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Transgender issues	ACCOMMODATIONS FOR DISABLED:
		Gender identity	Wheelchair accessible
			# YEARS IN PRACTICE:
			7+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$200	INSURANCES ACCEPTED:
	Individual Therapy	\$175	Most insurances
	Couples/Family	\$200	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Emily Moriarty		ADDRESS: Allentown Women's Ctr. 31 S. Commerce Way, Ste. 100 Bethlehem, PA 18017	
TELEPHONES: (484) 821-0821, x35, (610) 419-8155		WEBSITE: www.allentownwomenscenter.com/therapeutic-counseling-services	
EMAIL: emily@allentownwomenscenter.com		DEGREE/LICENSE: M.Ed., LPC	
		THERAPY APPROACH/ORIENTATION: Specialist in gender and sexuality issues	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Post-abortion issues	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$ free	INSURANCES ACCEPTED: None
	Individual Therapy	\$	
	Couples/Family	\$	
	Extended – each add'l 15 min.		
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/17/22



Northampton Community College

NAME: Move Forward Counseling		ADDRESS: 100 Keystone Ave, Suite 1 Emmaus, PA 18049	
TELEPHONES: (717) 462-7003			
EMAIL: getstarted@moveforwardpa.com		WEBSITE: Moveforwardpa.com	
DEGREE/LICENSE: Licensed Therapists and Psychologists		THERAPY APPROACH/ORIENTATION: CBT, DBT, EMDR, ACT	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
			Family
X	Eating Disorders		Groups (<i>Please list</i>):
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	Pregnancy/Postpartum	ACCOMMODATIONS FOR DISABLED:
		Infertility	
		Motherhood	# YEARS IN PRACTICE: 9
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Highmark Blue Shield, Capital Blue Cross, Blue Cross/Blue Shield, Independence BC, United Healthcare UHCl/UBH, Optum, Quest, Quest EAP, Evernorth (CIGNA), Geisinger, Populytics, UPMC, and Aetna
	Individual Therapy	\$ 50	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
	Yes		No: X
			Updated 1/31/2025

NAME: Philip A. Nastasee, Ph.D.		ADDRESS: 216 N. 4 th St. Emmaus PA 18049	
TELEPHONES: (610) 966-5131			
EMAIL: Dr.Nastasee@rcn.com		WEBSITE: http://www.nastasee.com	
DEGREE/LICENSE: Ph.D.		THERAPY APPROACH/ORIENTATION: personalized	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage Family X
	Eating Disorders		Groups (<i>Please list</i>):
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce	X	Psychological Assessment
	Self-Injury	X	Other EMDR, Clinical Hypnosis
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Development transitions	ACCOMMODATIONS FOR DISABLED:	
	Family reconciliation	40+	
		# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: None – receipts provided for out-of-network benefits
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Olivewood Counseling		ADDRESS: 510 Delaware Ave. Bethlehem, PA 18015	
TELEPHONES: (610) 417-0463			
EMAIL:		WEBSITE: Olivewoodcounseling.com	
DEGREE/LICENSE: Masters level and licensed		THERAPY APPROACH/ORIENTATION: CBT, DBT, trauma-informed	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Sensory processing disorders	ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Most insurances
	Individual Therapy	\$	
	Couples/Family	\$	
	Extended – each add'l 15 min.		
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Allison Otto		ADDRESS: Otto Psychological Associates, LLC 2132 S. 12 th St., Suite 103 Allentown, PA 18103	
TELEPHONES: (484) 350-3447			
EMAIL: allisonpsych@gmail.com		WEBSITE: www.ottopsych.com	
DEGREE/LICENSE: Psy.D.		THERAPY APPROACH/ORIENTATION: eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>):
	Grief & Loss		
X	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce	X	Psychological Assessment
	Self-Injury	X	Other Personality assessment
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Self-esteem		ACCOMMODATIONS FOR DISABLED:
	Act 235 evaluation		
			# YEARS IN PRACTICE:
			5+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED:
	Individual Therapy	\$	Most insurances
	Couples/Family Extended – each add'l 15 min.	\$	Clinicians and doctoral trainees available for low-income clients
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/17/22

NAME: E. Christopher Payne, Ph.D.		ADDRESS: 628 Twin Ponds Rd. Breinigsville, PA 18031	
TELEPHONES: (610) 434-7820		WEBSITE: http://www.advocatesforbehavioralchange.com	
EMAIL:		DEGREE/LICENSE: Ph.D., licensed psychologist	
		THERAPY APPROACH/ORIENTATION: CBT, psychodynamic, eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
X	Disability/Chronic Illness	X	Marriage
X	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
X	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	ADHD	ACCOMMODATIONS FOR DISABLED:
		Bipolar disorder	
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: 25+	
FEES:	Initial Consultation	\$175	INSURANCES ACCEPTED: Most insurances
	Individual Therapy	\$155	
	Couples/Family	\$55	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 10/17/22



Northampton Community College

NAME: Pinebrook Family Answers		ADDRESS: Offices in Allentown, Easton and Wind Gap	
TELEPHONES: OP Admissions: 833-563-1822 General: 610-432-3919			
EMAIL: amarko@pbfalv.org		WEBSITE: www.pbfalv.org	
DEGREE/LICENSE: Master in Counseling		THERAPY APPROACH/ORIENTATION: CBT, psychodynamic, DBT, art & play therapy techniques	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
X	Disability/Chronic Illness		Marriage
	Eating Disorders		Family
X	Grief & Loss		Groups (<i>Please list</i>):
	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
X	Self-Injury	X	Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other		
		ACCOMMODATIONS FOR DISABLED:	
		Only at Allentown Office	
		# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$150	INSURANCES ACCEPTED: Medicaid and Most Medicaid CHIP Programs
	Individual Therapy	\$80	
	Couples/Family	\$80	
SLIDING SCALE AVAILABLE:			
	Yes		No: X
			Updated 10/15/24

NAME: Denise Pollack, M.Ed., LPC, NCC		ADDRESS: Denise Pollack Counseling Remote - Telehealth	
TELEPHONES: (610) 392-3862			
EMAIL: denisekpollack@gmail.com		WEBSITE: http://www.denisepollackcounseling.com	
DEGREE/LICENSE: M.Ed., LPC, NCC		THERAPY APPROACH/ORIENTATION: CBT, solution focused, psychodynamic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders		Groups (<i>Please list</i>):
X	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	parenting	ACCOMMODATIONS FOR DISABLED:
		Life transitions	yes
			# YEARS IN PRACTICE:
			20+
LANGUAGES SPOKEN BESIDES ENGLISH: none		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Most insurances accepted
	Individual Therapy	\$120 - 60	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
	Yes: X		No
			Updated 10/8/24

NAME: Psychology Associates of Bethlehem		ADDRESS: 264 E. Broad St. Bethlehem, PA 18018		
TELEPHONES: (610) 866-9311		2222 Sullivan Trail Easton, PA 18040		
EMAIL: frontdesk@pabpc.com		WEBSITE: www.pabpc.com		
DEGREE/LICENSE: Phy.D., Psy.D., Licensed Psychologists/Neuropsychologists		THERAPY APPROACH/ORIENTATION: CBT, Psychodynamic, Neuropsychology, Behavioral & Learning		
<i>Please check all that apply [X]</i>				
SPECIALIZATIONS:		MODALITIES OFFERED:		
X	Anger & Emotion Regulation	X	Child/Adolescent	
X	Anxiety/Panic	X	Couples	
X	Career Decisions/Exploration	X	Crisis Intervention	
X	Depression/Suicidality	X	Education Testing	
X	Disability/Chronic Illness	X	Marriage	Family X
X	Eating Disorders	X	Groups <i>(Please list):</i>	
X	Grief & Loss			
X	Learning Disabilities			
X	LGBTQ Issues			
X	Men's Issues	X	Individual	
X	Obsessive Compulsive Disorder	X	Neurological/Neuropsychological Assessment	
X	Personality Disorders		Pastoral Counseling	
X	Relationship Issues/Divorce	X	Psychological Assessment	
X	Self-Injury	X	Other	Emotional/personality, pre-surgery,
X	Sexual Assault/Rape		Police/firefighter, neuropsychological, biofeedback, neurofeedback	
X	Substance Abuse/Addictions			
X	Trauma/PTSD			
X	Veterans Issues			
X	Women's Issues			
X	Other	Tobacco dependence	ACCOMMODATIONS FOR DISABLED:	
			# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH: Spanish, American sign language		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:		
FEES:	Initial Consultation	\$160	INSURANCES ACCEPTED: All	
	Individual Therapy	\$120		
	Couples/Family	\$120		
SLIDING SCALE AVAILABLE:				
	Yes	X	No	
			Updated 10/17/22	



Northampton Community College

NAME: Wendy Rapoport		ADDRESS: Jewish Family Services of the Lehigh Valley 2004 W. Allen St. Allentown, PA 18104	
TELEPHONES: (610) 821-8722, x116		WEBSITE: https://jfslv.org/about/staff/wendy-raपोport	
EMAIL: wrapoport@jfslv.org		THERAPY APPROACH/ORIENTATION: Insight-oriented	
DEGREE/LICENSE: MSW, LCSW			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage
	Eating Disorders		Family X
	Grief & Loss		Groups (<i>Please list</i>):
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce	X	Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Self-esteem	ACCOMMODATIONS FOR DISABLED:
		Chronic mental illness	
			# YEARS IN PRACTICE:
			20+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Judaism	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Accepts many insurances – call for out-of-pocket rates
	Individual Therapy	\$	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
	Yes		No
		Updated 10/17/22	

NAME: Real Life Emotions, LLC		ADDRESS:	
TELEPHONES: (484) 273-2847			
EMAIL: jasonboyko@reallifeemotions.com		WEBSITE: Reallifeemotions.com	
DEGREE/LICENSE: LPC		THERAPY APPROACH/ORIENTATION: Insight-oriented	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage Family X
	Eating Disorders	X	Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Self-esteem	ACCOMMODATIONS FOR DISABLED:
		Chronic mental illness	
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Accepts some insurances – call for out-of-pocket rates
	Individual Therapy	\$	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
	Yes		No
			Updated 9/26/24

NAME: Katherine Restuccia, Psy.D.		ADDRESS: 227 W. Broad St., #202 Bethlehem, PA 18018	
TELEPHONES: (610) 317-9976		WEBSITE: drkatherinerestuccia.com	
EMAIL:		DEGREE/LICENSE: Psy.D., Clinical Psychologist	
DEGREE/LICENSE: Psy.D., Clinical Psychologist		THERAPY APPROACH/ORIENTATION: Insight oriented/variable for needs	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
X	Disability/Chronic Illness	X	Marriage Family X
X	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
X	Self-Injury	X	Other supervision
X	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other thought disorders	ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: LGBTQ	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Call for coverage No managed care
	Individual Therapy	\$150	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			



Northampton Community College

NAME: Thomas Ritter		ADDRESS: 961 Marcon Blvd., Ste. 312 Allentown, PA 18109	
TELEPHONES: (812) 701-2101			
EMAIL: Drtomr179@gmail.com		WEBSITE: https://www.glennkochandassociates.com	
DEGREE/LICENSE: Ph.D., LPC, CAADC		THERAPY APPROACH/ORIENTATION: CBT, motivational interviewing, trauma-focused	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Family X
	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
X	Veterans Issues		
	Women's Issues		
X	Other	First responders	
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		15+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: None Call for rates
	Individual Therapy	\$150-200	
	Couples/Family	\$	
	Extended – each add'l 15 min.		
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 11/16/23

NAME: Jesus A. Salas		ADDRESS: Center for Integrative Psychotherapy, PC 1251 S. Cedar Crest Blvd., Ste. 211D Allentown, PA 18103	
TELEPHONES: (610) 432-5066		WEBSITE: www.cip-cbt.com	
EMAIL: jsalas@cip-cbt.com		DEGREE/LICENSE: Psy.D. ABPP/PS015605	
DEGREE/LICENSE: Psy.D. ABPP/PS015605		THERAPY APPROACH/ORIENTATION: CBT	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>): panic disorder, social
	Grief & Loss		Phobia, OCD, transdiagnostic skill group
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other social anxiety disorder		ACCOMMODATIONS FOR DISABLED:
	body dysmorphic disorder		
	specific phobias, illness,		# YEARS IN PRACTICE:
	Anxiety disorder		17+
LANGUAGES SPOKEN BESIDES ENGLISH: Spanish		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Hispanic, Christian, Catholic	
FEES:	Initial Consultation	\$170	INSURANCES ACCEPTED: Aetna, Blue Cross, Geisinger, Highmark, IBH, Magellan, Medicare, Populytics, Tricare
	Individual Therapy	\$170	
	Couples/Family	\$170	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 10/9/24

NAME: Adrienne Schultz		ADDRESS: Adrienne N Schultz, LPC 25 E. Center St., Ste. 4 Nazareth, PA 18064	
TELEPHONES: (484) 554-6183		WEBSITE:	
EMAIL: Adrienneschultz.counseling@gmail.com		DEGREE/LICENSE: M.Ed., LPC	
DEGREE/LICENSE: M.Ed., LPC		THERAPY APPROACH/ORIENTATION: CBT, eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Family X
X	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Parenting, life transitions	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			20+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Blue Cross/Shield, Cigna, Highmark, out-of-network
	Individual Therapy	\$80-125	
	Couples/Family	\$	
	Extended – each add'l 15 min.		
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Stephen Sell, Psy.D.		ADDRESS: Healing Path Psychology 35 E. Elizabeth Ave., Ste. 26 Bethlehem, PA 18018		
TELEPHONES: (610) 320-2366		WEBSITE: www.healingpathpsych.com		
EMAIL: info@healingpathpsych.com		DEGREE/LICENSE: Psy.D.		
DEGREE/LICENSE: Psy.D.		THERAPY APPROACH/ORIENTATION: CBT, client centered, harm reduction, evidence-based practice		
<i>Please check all that apply [X]</i>				
SPECIALIZATIONS:		MODALITIES OFFERED:		
	Anger & Emotion Regulation		Child/Adolescent	
	Anxiety/Panic		Couples	
	Career Decisions/Exploration		Crisis Intervention	
	Depression/Suicidality		Education Testing	
	Disability/Chronic Illness		Marriage	Family X
	Eating Disorders		Groups <i>(Please list):</i>	
	Grief & Loss			
	Learning Disabilities			
X	LGBTQ Issues			
	Men's Issues	X	Individual	
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment	
	Personality Disorders		Pastoral Counseling	
	Relationship Issues/Divorce		Psychological Assessment	
	Self-Injury		Other	
X	Sexual Assault/Rape			
X	Substance Abuse/Addictions			
X	Trauma/PTSD			
	Veterans Issues			
	Women's Issues			
	Other	Marital difficulties, Thought disorders		
			ACCOMMODATIONS FOR DISABLED:	
			# YEARS IN PRACTICE:	
			13+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:		
FEES:	Initial Consultation	\$175	INSURANCES ACCEPTED: Blue Cross/Shield, Capital, Highmark, Medicare	
	Individual Therapy	\$140		
	Couples/Family	\$140		
	Out-of-pocket	\$155		
SLIDING SCALE AVAILABLE:				
X	Yes	No		
			Updated 11/16/23	

NAME: Alan Shapiro		ADDRESS: 2240 Farmersville Rd. Bethlehem, PA 18020	
TELEPHONES: (610) 954-5580			
EMAIL: albfree@rcn.com		WEBSITE: alanshapirocounseling.com	
DEGREE/LICENSE: MA, LPC, CAC, MAC, LCADC, PACAADC		THERAPY APPROACH/ORIENTATION: Addictions specialist	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders	X	Family X
X	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Codependency	ACCOMMODATIONS FOR DISABLED:
		Adult children of alcoholics	
			# YEARS IN PRACTICE:
			30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$125	INSURANCES ACCEPTED: Aetna, AmeriHealth, Highmark Blue Shield, Independence Blue Cross, Magellan, Populytics
	Individual Therapy	\$100	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 10/17/22

NAME: Amy Silverman		ADDRESS: 1011 Brookside Rd., #240 Allentown, PA 18106	
TELEPHONES: (610) 432-6300			
EMAIL:		WEBSITE: no	
DEGREE/LICENSE: MS, LPC		THERAPY APPROACH/ORIENTATION: CBT, psychodynamic, experiential	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
	Other	Marital difficulties, Thought disorders	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 10+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$100	INSURANCES ACCEPTED: Anthem, Blue Cross/Shield, Capital Blue Cross, Highmark, Valley Preferred/LVHN
	Individual Therapy	\$85	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Timothy J. Silvestri, Ph.D.		ADDRESS: Virtual	
TELEPHONES: (610) 751-2024			
EMAIL: TimothySilvestri@gmail.com		WEBSITE: drtimsilvestri.com	
DEGREE/LICENSE: Ph.D., PA Licensed psychologist		THERAPY APPROACH/ORIENTATION: Performance/Sports Psychology, Psychodynamic, Integrationist	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders		Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
X	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other short-term therapy
	Sexual Assault/Rape		workshops
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Performance anxiety	ACCOMMODATIONS FOR DISABLED:
		Health Coaching	
		Sports Psychology	# YEARS IN PRACTICE: 25
		Performance	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$200	INSURANCES ACCEPTED:
	Individual Therapy	\$200	
	Couples/Family Extended – each add'l 15 min.	\$200	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 10/11/24

NAME: Pamela Smith		ADDRESS: 1005 Brookside Rd., Ste. 330 Allentown, PA 18106	
TELEPHONES: (610) 739-9650		WEBSITE:	
EMAIL: pamelaksmithlpc@gmail.com		THERAPY APPROACH/ORIENTATION: trauma specialist	
DEGREE/LICENSE: MS, LPC			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders		Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	domestic violence	ACCOMMODATIONS FOR DISABLED:
		codependency	
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Capital Blue Cross, Highmark, Magellan, Populytics
	Individual Therapy	\$	
	Couples/Family	\$	
	Extended – each add'l 15 min.		
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Marion Stavin		ADDRESS: Center for Psychological Development 1250 Greenwood Dr. Bethlehem, PA 18017	
TELEPHONES: (610) 866-1577			
EMAIL: mstavin@aol.com		WEBSITE: http://cpd3.com/marion-stavin-m-a	
DEGREE/LICENSE: MA, LPC		THERAPY APPROACH/ORIENTATION: Eclectic with analytical base	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Family X
X	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	Custody, adoption	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$180	INSURANCES ACCEPTED: Most insurances, Medicare
	Individual Therapy	\$90-150	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Lenore Stine, MAP, LPC		ADDRESS: 51 E. Elizabeth Ave. Bethlehem, PA 18018	
TELEPHONES: (610) 360-7526			
EMAIL: info@lehighvalleycounseling.com		WEBSITE: www.lehighvalleycounseling.com	
DEGREE/LICENSE: MAPC, LPC, Clinical Director		THERAPY APPROACH/ORIENTATION: CBT, spiritual counseling	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration	X	Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
X	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders	X	Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
X	Self-Injury	X	Other Holistic, EMDR
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other spirituality		
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		10+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Most insurances, no CHIP
	Individual Therapy	\$	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
		Updated 10/17/22	

NAME: James Strohl		ADDRESS: Center for Psychological Development 1250 Greenwood Dr. Bethlehem, PA 18017	
TELEPHONES: (610) 868-1577		WEBSITE: https://cpd3.com	
EMAIL: jimstrohl@gmail.com		DEGREE/LICENSE: Ed.D, LPC	
DEGREE/LICENSE: Ed.D, LPC		THERAPY APPROACH/ORIENTATION: Psychodynamic, humanistic, transpersonal, NLP, focusing-oriented psychotherapy, EMDR	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders		Groups (<i>Please list</i>):
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other EMDR
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	spirituality	ACCOMMODATIONS FOR DISABLED:
		Self-esteem/self-acceptance	
			# YEARS IN PRACTICE:
			35+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$180	INSURANCES ACCEPTED: Most insurances, Medicare
	Individual Therapy	\$90-150	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/17/22

NAME: Gail-Elaine Tinker		ADDRESS: 35 E. Elizabeth Ave. #31 Bethlehem, PA 18018	
TELEPHONES: (610) 216-4319		WEBSITE: www.tinkerpsychotherapy.com	
EMAIL: ge@tinkerpsychotherapy.com		DEGREE/LICENSE: MS, LPC	
DEGREE/LICENSE: MS, LPC		THERAPY APPROACH/ORIENTATION: Mind/body, focusing, expressive therapies	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>): autism, chronic pain,
	Grief & Loss		Bibliotherapy, grief
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other hypnosis
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Chronic pain	ACCOMMODATIONS FOR DISABLED:
		Adult autism	
			# YEARS IN PRACTICE:
			10+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED:
	Individual Therapy	\$	Many insurances, EAPs
	Couples/Family	\$	Call for out-of-pocket rates
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 7/27/23			

NAME: Alissa Vreeland		ADDRESS: Renew Wellness & Psychotherapy 641 N. 13 th St., Ste. E101 Easton, PA 18042	
TELEPHONES: (610) 600-9714		WEBSITE: www.alissavreeland.com	
EMAIL: alissa@alissavreeland.com		DEGREE/LICENSE: MA, NCC	
		THERAPY APPROACH/ORIENTATION: Psychodynamic, person-centered theoretical orientation with mindfulness-based CBT influences	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>): Psychoeducational
	Grief & Loss		Groups on holistic wellness and self-care
	Learning Disabilities		coping
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	parenthood	ACCOMMODATIONS FOR DISABLED:
		Chronic stress/burnout	
			# YEARS IN PRACTICE:
			5+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Accepts HSA and FSA cards
	Individual Therapy	\$	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/17/22



Northampton Community College

NAME: Chas Wargo		ADDRESS: PO Box 28 Villa Nova, PA 19085	
TELEPHONES: 610-945-8080			
EMAIL: chaswargolmft@gmail.com		WEBSITE: Telehealth/Zoom available	
DEGREE/LICENSE: LMFT		THERAPY APPROACH/ORIENTATION: Client Centered/CBT/Eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness	X	Marriage
	Eating Disorders		Family X
X	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
X	Veterans Issues		
X	Women's Issues		
	Other		
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		16	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Telehealth available Licensed in PA and NJ
	Individual Therapy	\$125	
	Couples/Family	\$125	
SLIDING SCALE AVAILABLE:			
	Yes		No
			Updated 10/8/24

NAME: Jennifer Weeks, Ph.D., LPC		ADDRESS: 190 Brodhead Rd., Ste. 107 Bethlehem, PA 18017	
TELEPHONES: (610) 844-7180			
EMAIL: drjenniferweeks@gmail.com		WEBSITE: http://www.drjenniferweeks.com	
DEGREE/LICENSE: Ph.D., LPC, CAADC, CSDR-S		THERAPY APPROACH/ORIENTATION: Compulsive sexual behaviors	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>):
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other: Virtual problematic sexual behavior EMDR
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	Addictions: sexual, pornography, cross, internet, co-dependency	ACCOMMODATIONS FOR DISABLED: yes
			# YEARS IN PRACTICE: 10+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$300	INSURANCES ACCEPTED: None
	Individual Therapy	\$175	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/17/22

NAME: West End Counseling & Wellness		ADDRESS: 5000 W Tilghman St., Suite 370 Allentown, PA 18104	
TELEPHONES: 610-569-0252			
EMAIL: info@westendwell.com		WEBSITE: https://www.westendwell.com	
DEGREE/LICENSE: Multiple Practitioners		THERAPY APPROACH/ORIENTATION:	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage
	Eating Disorders		Family X
X	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
	Other	Marital difficulties, Thought disorders	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$200	INSURANCES ACCEPTED: Aetna, Cigna, Optum/United Health Care, Highmark Blue Shield, Capital Blue Cross, Medicare, Populytics/LVHN, Geisinger
	Individual Therapy	\$175	
	Couples/Family Extended – each add'l 15 min.	\$175	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 11/16/23



Northampton Community College

NAME: Marie Wilson		ADDRESS: Remote - Telehealth	
TELEPHONES: 610 248 4943			
EMAIL: mwilsonlpc@aol.com		WEBSITE: drmariewilson.com	
DEGREE/LICENSE: Ph.D., LPC, certified sex addiction therapist, board certified art therapist		THERAPY APPROACH/ORIENTATION: CBT, family systems, humanistic, motivational interviewing	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>): Persons in recovery from problematic sexual behavior
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other Art therapy
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other infidelity		ACCOMMODATIONS FOR DISABLED:
	pornography		
			# YEARS IN PRACTICE:
			30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Out-of-network
	Individual Therapy		
	Couples/Family		
	Extended – each add'l 15 min.		
SLIDING SCALE AVAILABLE:			
	Yes	X	No
Updated 10/14/24			